**Professional Disclosure of Doctoral Student Supervisor**:
I am currently a doctoral student in the Counselor Education and Supervision program at Waynesburg University through their online program. I hold a Limited Permit in New York State (MHC-LP) and am working toward becoming licensed by July 2026. My expected graduation date is Spring 2027. Currently, I am completing a doctoral-level supervision course, which teaches me how to navigate supervisory relationships, various models of supervision, and potential issues that may arise during supervision.

Before becoming a Clinical Mental Health Counselor, I worked at the National Suicide Prevention Hotline as both a hotline worker and supervisor. Additionally, I assisted the local 911 center with calls related to mental health crises.

Throughout my time at the University of Arkansas, I completed clinical hours at the University of Arkansas Pat Walker Health Center, specifically at SEAR, where I conducted assessments, developed interventions, and implemented treatment plans for substance use and addiction. I also joined the SEAR Ambassadors and have assisted with Narcan Trainings both on and off campus.

At the University of Arkansas, I also provided online counseling services to students seeking support.

During my master’s program at St. Bonaventure University, I completed clinical hours at a private practice called Branches of Growth, working with a diverse range of clients both in-person and online along with presenting psychoeducation at local community centers such as libraries. Currently, I am working toward licensure through True Talk Mental Health Counseling, where I see clients as young as 6 years old and through older adulthood remotely. I provide both couples counseling and individual counseling. My experience encompasses working with a wide variety of clients including children, adolescents, and adults, addressing issues such as crises, addiction and substance use, relational challenges, trauma, grief, and emotional regulation.

I completed my first year of doctoral studies at the University of Arkansas in 2023-2024 before transferring to Waynesburg University. I earned my master’s degree in Clinical Mental Health Counseling in August 2023 from St. Bonaventure University. I also graduated with a Bachelor of Arts degree in Psychology and a minor in Human Development from the State University of New York at Geneseo in December 2019, and I received an Associate in Arts degree in Liberal Arts and Sciences: Humanities and Social Sciences with an Education Concentration from Cayuga Community College in May 2017.